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TRAFFIR NEWSLETTER

Trauma Awareness For First Responders (TRAFFIR) - KA2 Erasmus+ partnership project to support professionals on developing the key competencies in dealing with emergency first respond situations.



OUR MEDIA

Completion of the project

Trauma Awareness For First Responders project ends on 31st March 2022. For few last months partners were finalizing all tasks and activities within the project. Although COVID-19 pandemic affected the course of TRAFFIR and had a huge impact on our activities, project team managed to resolve all the obstacles.

www.traffir.eu

Project's website where you can find information about the project, it's partners, valuable resources or contact us.

www.facebook.com/TRAFFIR

We also encourage you to visit the project's Facebook profile where all updates and interesting information related to the topic of the project appear.



Reus, Spain
26-28th February

FINAL PROJECT MEETING

On 26-28th February, the last international meeting of TRAFFIR project took place. The event was held in Reus, Spain in a hybrid form.

The team met to discuss and summarize the results of the project. We focused on aspects related to the general management and finalization of the project, as well as on dissemination activities and ensuring its sustainability. Moreover, there were workshops on the set of materials produced and a study visit.

Thank to the meeting we had the opportunity to exchange experience, share expertise and knowledge and summarize 2,5 years of fruitful cooperation.

TRAINING COURSE

The course provides trainers with common tools allowing them to be on the same level in terms of knowledge, skills and competences as well as to have a common level of understanding of what potential TRAFFIR trainees may face in their role of first responder.



Reus, Spain, 26-28th February 2022



Modules:

1. Impact awareness of natural disasters and emergency response
2. Psychological First Aid; CPR and emergency first aid
3. Blue Light Mental Health and Trauma Awareness
4. Disaster management
5. Communication and Stress
6. Depression & PTSD – recognition of symptoms and how to help/signpost to appropriate care.

Training Course can be found here:

<http://traffir.eu/courses/c1-training-course>.



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Erasmus+

INFORMATION ABOUT THE **TRAFFIR PROJECT**

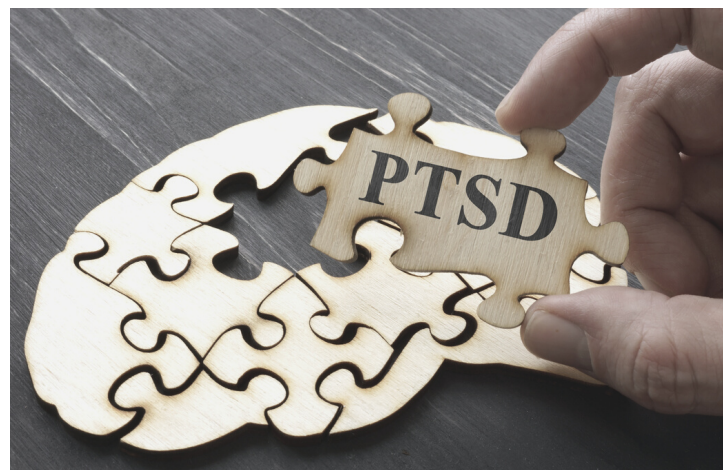
TRauma Awareness For First Responders (TRAFFIR) - addressing identified skills gaps in critical incident stress and trauma intervention



OVERVIEW

Context & Background:

Any form of crisis (trauma) incident stress management requires a suite of intervention tools in order to minimise the risk of PTSD (Post Traumatic Stress Disorder) amongst first responders. Whilst the researches about that are 20 years old, there is still no whole systems' provision for educators in this field.



By the end of the project we will have created:

- Comparative Analysis
- Training Protocols, Materials and Guidelines
- Train The Trainers Programme Toolkit

Aims:

To develop a whole systems approach to improve key competences in dealing with emergency first response situations in order to mitigate the impact of repeated or singular exposure to a critical stress incident.

Objectives

TRAFFIR addresses gaps in trauma interventions with a robustly evaluated development of a training programme flexible enough to be delivered in 5 different countries with learning outcomes and mapped to the descriptors of level 3 European Qualifications Framework (EQF) for other organisations in other countries to adapt for local use.

Activities

Two attendees from each partner participated in transnational meetings with a purpose to plan, implement pilot delivery, evaluate and review a fit for purpose the TRAFFIR toolkit.

Partners were hosting a learning and transnational meetings and also selected their staff to pass the training course to pilot the toolkit then cascade to others upon their preparation in their own organization.

Results & Impact

Partners have identified six key workshops, that



combined, created a systems approach to address current skills gaps. We were working with stakeholders to populate the modules with appropriate content and learning outcomes.

We developed an on-line training programme to address skills gaps which will be freely available to the sector through our channels. TRAFFIR was presented at local multiplier event conferences and available on the project website.

Participants:

- Devon Mind (UK): Mental Health Charity's Plymouth Recovery College and Training Division;
- Kilcooley Women's Centre (UK): working with 14 communities in Bangor region of Northern Ireland;
- Fundacja Instytut Re-Integracji Społecznej (PL): provides first aid courses schools and works with the Police Department in Lodz, Poland;

- Bucovina Institute Association (RO): experienced psychotherapists but no first responder training as none exists in Romania;
- DOMSpain (ES): training and consulting organisation that works closely with the Police and Fire Departments in Reus;
- NIKANOR Ltd (BG): Educational Centre works with volunteers training them how to act in critical situations.

